



Happy Christmas to all Kidney Patients



Our editor, Judy Morgan, apologises for the fact there is no printed Newsletter this month, but it is because she was badly injured at sea on the return from a cruise. The ship met a severe storm in the Bay of Biscay and Judy was thrown across the cabin and landed on top of her husband. At the moment, she is not able to use her right hand so was not able to generate a December Newsletter. We wish Judy a speedy recovery.

There were some highpoints to the cruise, however, as you can see when they were in Madeira:



Transplant Games Raffle – Closes 15th December!

Brighton will be entering a team for the 2024 Transplant Games to be held in Nottingham in July.

Help support the Brighton Team by purchasing a raffle ticket.



Tickets available from Sally Chapman and the Renal Transplant Team in Brighton

George Higley is a kidney patient who received a kidney transplant only 18 months ago, yet he still successfully competed in the World Cycling Championships in August. Well done, George!



2023 UCI Cycling World Championships | Glasgow and across Scotland

The biggest cycling event in the world, ever! Between 3 - 13 August 2023 the world's best riders will compete across 13 UCI World Championships.

www.cyclingworldchamps.com

Claire Allum-Antilles, who was a Medical Secretary at the SKU from 2004 to 2015, is running in the 2024 London Marathon and has kindly donated all her sponsorship money to SEKPA.

To find out more about Claire and the London Marathon go to:

<https://2024tcsllondonmarathon.enthuse.com/pf/claire-allum-antilles>

Even better, why not sponsor her!